

Contacting the team

The Care Plus Team are based at:
Shiremoor Resource Centre,
Earsdon Rd,
Shiremoor,
Newcastle upon Tyne,
NE27 OHJ

Tel: (0191) 298 2196

Email: northtyneside.careplus@nhs.net

We welcome any comments and feedback.

Please free to get in touch

After reading this information are there any questions you would like to ask? Please list below and ask members of the team at next visit

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Working together with



“I felt that at last someone was interested in my well-being instead of me feeling alone and helpless. They supplied me with aids that made life a lot easier and less dangerous”.

The Care Plus Team consists of:



“Excellent Care and help. I cant speak more highly of the excellent care and help given which is extremely appreciated . Thank you”.

The Care Plus Team aims to:

- Address health and wellbeing issues that are important to you
- Deliver high quality care that is tailored to your needs
- Help you stay in your own home and healthier for longer.
- Work with you to avoid the need for an unplanned trip to hospital
- Assessments may be undertaken in clinic or within your own home.
- We will set appropriate short term goals with you and will work with you until these are met
- We will update your GP on your participation and progress.
- Your GP will continue to be responsible for your care and you will still see them for appointments, repeat prescriptions, vaccinations and annual reviews of long-term conditions.